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Pediatric  
Associates  
of Livingston  
PLLC™

## To New Parents

You are starting one of life's greatest adventures - parenthood. Congratulations! We'll do our best to help your baby enjoy a healthy childhood. We are delighted that you have chosen us to participate in the care of your baby.

If this is your first child, you probably have lots of questions. If you have other children, your memories of baby days may have faded. Some infant care practices have changed, and you'll want to have up-to-date information.

Of course, the parents of new babies don't have to look far to get advice. Friends, neighbors and relatives are eager to share their knowledge of baby care. But what worked for them may not work for you. And not all of their advice will be correct. So we hope you'll ask us any questions that come to mind while your baby is still in the hospital and afterward - either by phone or during office visits.

Most parents of children in our practice have many questions about baby care, but they often forget them during the office visit. For this reason, we suggest that you keep running list of questions at home, even if they seem silly or trivial. Anything that concerns your desire to understand and care for your baby is important to us to discuss.

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